



Marshfield
Medical Center
Beaver Dam

Volunteer News

January - February - March 2020

30th Annual Tree of Lights Celebration



December 2 was a beautiful night for the 30th Annual Tree of Lights Celebration held in the MMC-BD Café. This year's program was particularly emotional and close to our hearts as the families of employees Jana Mallon and Kim Daniels were among the hospice families honored, and hospice employee Jenny Goss represented her father Gerald Hampton, who was a hospice patient this year. After a heartwarming ceremony inside, which included songs from Beaver Dam High School's Good Old Acapella and Honor Squad American Legion Post 146 performing outside a 3 Volley salute, the outside trees were then lit.

The Tree of Lights has raised well over \$400,000 the past 29 years. In celebration and honor for the lives and memories of those important to us, individuals throughout the community donate money to help light the Trees. This year's proceeds will benefit the BDCH Foundation's Hillside Hospice, Hospice Home, and Lifeline programs.



Pictured to the left is the Good Old Acapella singers from Beaver Dam High School performing

Cardiology Services Offered at MMC-BD

As part of its commitment to enhancing access to specialty care in Dodge County, Marshfield Medical Center – Beaver Dam has announced the addition of Cardiology services beginning Nov. 25, 2019. Dr. Juan Mesa will see patients at the new Specialty Services Center on the third floor of the Vita Park Building, 705 S. University Ave., Suite 360, with Dr. Milind Shah joining him in January.

The new Cardiology Center will provide advanced cardiac diagnostic testing and reading, as well as minimally invasive cardiovascular therapies.

“Marshfield Clinic Health System is dedicated to ensuring patients and families have the care they need close to home, and providing advanced cardiology services is an example of that mission put into practice,” Dr. Jason Smith, Marshfield Medical Center – Beaver Dam Chief Medical Officer said. “We look forward to announcing additional services in the coming months.”

Dr. Mesa is an interventional cardiologist, helping patients who have complex coronary artery disease. He specializes in catheter based treatment of heart disease and valvular heart disease, placing valves or stents inside the heart to treat conditions such as a damaged heart valve or clogged arteries. He joined Marshfield Clinic Health System in 2000.

Dr. Shah is board certified in internal medicine, cardiovascular disease and interventional cardiology. He specializes in treating complex cardiac and vascular conditions such as blockages in the heart and other parts of the body, structural heart problems and irregular heart rhythms.

A physician referral is not necessary unless required by insurance. To make an appointment, call 920-356-6588.

About Marshfield Clinic Health System

Marshfield Clinic Health System is an integrated health system whose mission is to enrich lives through accessible, affordable compassionate health care. The Health System serves Wisconsin with more than 11,000 employees including over 1,200 providers comprising 86 specialties, health plan, and research and education programs. Primary operations include Marshfield Clinic, Marshfield Medical Center hospitals in Marshfield, Eau Claire, Rice Lake, Neillsville, Beaver Dam and Ladysmith, Marshfield Children's Hospital, Marshfield Clinic Research Institute, Security Health Plan and Marshfield Clinic Health System Foundation. Learn more at marshfieldclinic.org.

Partners of MMC-BD

Happy New Year everyone! As we welcome 2020 in, let's hope and pray for peace, love and happiness! I hope all of you had a safe and wonderful Christmas. The holiday season comes and goes so fast but now you can relax for a while, catch up on some projects you had to let sit in December, start something new or maybe go on a vacation. Whichever it may be – enjoy!

Let's do a review of the last couple months. The Oct 1-3 West Central District Partners of WHA Convention was held at the Red Lion Paper Valley Hotel in Appleton. Sue Hilbert, Arletta Trejo, Laurie Schmidt and Julia Lince attended the 3-day event along with Joe Gilene and Dan Moritz for the Award Dinner. The convention had the theme, "Volunteers, our Precious Gems" and was well organized with good food, great speakers and interesting sessions! This year at the convention we were the recipients of the WAVE (Wisconsin Award for Volunteer Excellence) Award for our Community Service Project for new clothing and our handmade "bears" that are given to the Emergency and Surgery Departments at Marshfield Medical Center – Beaver Dam. President Sue Hilbert and CAO Joe Gilene accepted the award.



Sue Hilbert
Partners President

We had another great Craft Fair with the proceeds of the Basket Raffle tickets going to "Employees Helping Employees" fund and the Tree of Lights 30th year was well attended and a success. Thank You to everyone who made these two successful events what they are today!



"Christmas on the Corner" was held in the old library and was a huge success!

It gave us more room for the many Christmas items that were ordered this year. After three weeks, many items were sold out. Christmas items continued to sell very well once everything left from the sale was moved to the Gift Shop. Several winter items are still available for purchase. Overall, thanks to the great support of this community, the Gift Shop sales ended extremely well for 2019. Thank you to all who volunteered and supported us during the year with our many fund raisers, especially the Holiday Season!

Future Sale Dates to Remember: Nutman Sale – Jan 29, 30, 31; PRN Sale - Mar 11; Collective Goods Sale – Mar 17, 18; Nutman Sale – Mar 31 thru April 2; Jewelry Sale– Apr 13, 14. Please remember our last cookie sale was held in December. Cookie sales will start up again the 3rd Thursday in May of 2020. Thank you volunteers!

WAVE Award

The Partners of MMC-BD received the Wisconsin Award for Volunteer Excellence (WAVE) on October 1 in Appleton. They received this award for years of work in providing clothing and knitting bears for patients in the Emergency Department. Since 2002 they have donated over \$23,000 for new clothing and made over 14,000 bears to help meet the needs of patients in the ED.

Pictured left to right are: Interim CAO Joe Gilene, Arletta Trejo, Julia Lince, Sue Hilbert, Laurie Schmidt and Volunteer Manager Dan Moritz.

2020 Advocacy Day is March 18 at Monona Terrace in Madison and can be attended by any volunteer and hospital staff who are interested in learning more about Wisconsin's health care issues which includes going to the capital to speak to our state legislative leaders about health care issues that concern us. A light breakfast and lunch are served. There is no charge for you to attend and you are not obligated to go to the capital. We try to wear red, white and blue and usually carpool from the hospital, but you can drive yourself. If interested please call Dan Moritz at 887-5988. Pre-registration is due March 9.

Enjoy your winter! Until spring – Sue Hilbert, President

VOLUNTEER APPRECIATION EVENT

Wednesday, April 22

Make plans to attend this year's volunteer appreciation event as we celebrate the impact volunteers have made at Marshfield Medical Center-Beaver Dam. This year's event will start at 9:30 am in the café of MMC-BD.



Craft Fair Basket Winners

The Partners Craft Fair completed its 13th year. Special thanks to Co-Chairs Betty Michael and Ramona Ross for leading this year's project. Proceeds raised from this event are used to help the Employees Helping Employees Fund.

Every year MMC-BD departments create baskets that are used to help raise money. The basket that receives the most raffle tickets is the winner. This year's Craft Fair Basket winner was the Patient Accounts department. Pictured in the front row are Partners Julia Lince, Ramona Ross, Betty Michael and Arletta Trejo presenting the Craft Fair plaque to the winning Senior Services Department.

The Partners would like to thank all of the MMC-BD departments for providing a basket for the craft fair. This year the Partners donated \$4,000 to the Employees Helping Employees Fund.

Welcome New Volunteers to MMC-BD

New volunteers play a key role toward sustaining excellence in volunteer services. Take time to welcome our new volunteers. They are: Ginger Kieltyka, Joe Bonnett and Kyle McDermott.



Ginger Kieltyka
Information Desk



Joe Bonnett
Information Desk



Kyle McDermott
Hospice

Rave ON!

The Buddy Holly Experience

Beaver Dam High School Auditorium, 500 W Gould St

Saturday, February 15 at 4:00 p.m.

General Admission Tickets - \$25 each
Buy Tickets online: bdch.com/event/rave-on
Call 920.887.4851 for more information

Save the Date

The BDCH Foundation is bringing "Rave On! The Buddy Holly Experience" to the Beaver Dam High School Auditorium on Saturday, February 15 with one show at 4:00p.m.

Rave On re-invents the ordinary tribute show with an electrifying, high-energy, rock n' roll extravaganza featuring America's Premiere Buddy Holly interpreter, Billy McGuigan, who is a dead-ringer for the legendary rocker. Backed by the rockin' Rave On Band, their incredibly musicianship helps to ignite the stage and breathe new life into the music of Buddy Holly.

In this rock and roll tour-de-force, audiences will experience all the thrills of a Buddy Holly concert re-imagined which includes such hits as "Peggy Sue", "Raining in My Heart", "It's So Easy", "That'll Be the Day", "True Love Ways", "Oh Boy" and of course, "Rave On". But, that's only part of it! In a unique twist, Billy as 'Buddy' celebrates the birth of an era and pays homage to his fellow rockers Jerry Lee Lewis, Elvis Presley, Chuck Berry, Richie Valens and The Big Bopper.

A must see for any rock & roll fan!

General admission tickets are \$25 and can be purchase online following this link <https://www.eventbrite.com/e/rave-on-the-buddy-holly-experience-tickets-85511275527>

Tickets are also available in the Marketing & Foundation Office in the Warren Street building Monday - Friday from 8:00 a.m. -4:00 p.m.

For more information, call 920-887-4851.

Happy New Year

Dan Moritz

You have made it! Another year under your belt and another year coming your way which should remind us all that we only have one life to live. So what is your game plan? How do we live a life knowing we only get one chance? The upside is that everyday starts and ends, and if you're like me that has worked to your advantage many times. Whether the day has been good or bad the truth is that it will end. If the day was good let's learn and do what we can to make that happen again, and if bad let's reflect and learn from that experience as well. Life gives most of us many days to discover what truly matters to each of us. Some find that answer at a young age and others find it later in life, but when we find that purpose, it can become a driving force as to why we get up every morning. That is what makes our life so special and fulfilling.



Dan Moritz
Volunteer Manager

Many believe that best way to live is to make the most of every day. "One Day at a Time" is a popular Country and Western-style Christian song written by Marijohn Wilkin and Kris Kristofferson. It has been recorded by over 200 artists and has reached No. 1 in several territories. The truth behind this song is that one of best game plans we can have for life can be found in an everyday approach to knowing what matters most and getting through the day with our best effort. We may not be able to control every part of our day but we can control the way we respond to the day's events. There is comfort in knowing that, "how we go through each day" is always in our control. So as you go through 2020 go through it "one day at a time."

New Year's Resolutions are common at this time of year and here is a thought to ponder, "Don't beat yourself up!" Usually we look for what we believe we are failing at and try to make it better through a resolution. The top three resolutions for this year once again appear to be losing weight, improving your finances and exercising. Researchers say about 60 percent of us make New Year's resolutions, but only about 8 percent are successful in achieving them. Instead of trying to lose weight, get rich or exercise, all of which can lead to a better life, try looking at setting a goal of doing something that will make someone's life better. Maybe taking time to volunteer once a week or month can help make someone's life better. The old saying, "it is better to give than to receive" has proven to carry many rewards.

Trying something new can lead us to places we never experienced or knew existed. Getting out of your comfort zone can be rewarding if approached in the right way. Life is full of people who have a story of seeing a need and then reaching out of there comfort zone to meet it. Many times that experience of trying something new allows us to grow, which can lead to a deeper sense of fulfillment and accomplishment. Recently I read a great quote on achievement which said, "Unless you try to do something beyond what you have already mastered, you will never grow."

Achievement

"Unless you try to do something beyond what you have already mastered, you will never grow."

As you look with optimism at 2020 take time to think about something new you might be able to do that could make someone's life better. When we help others, we often see and experience a greater understanding of what this life should be about and what our role is when it comes to making it a better place for future generations.

MMC-BD is incredibly blessed to have such a wonderful team of volunteers to support services throughout the organization. This past year 295 volunteers at MMC-BD shared of their gifts and talents to help our entire region every day. Volunteers play an important role in supporting every patient, resident, visitor and child, every day.

Volunteers are diverse in their backgrounds and ages. Student volunteers interested in pursuing careers in health care find MMC-BD an exciting place to observe health care professionals at work. Newcomers to the community find that volunteering helps them to become familiar with the hospital's programs and services. Parents of school-age children find that flexible volunteer schedules fit their busy lifestyles. Retirees and "empty nesters" contribute their time and experience regularly, making a real difference in the lives of so many of their fellow community members.

One thing all MMC-BD volunteers have in common is their generosity. They give of themselves by sharing their goodwill, energy, and abilities in many ways. To request an application for volunteer service at Marshfield Medical Center—Beaver Dam, please call our Volunteer Office at 920-887-5988, or e-mail dmoritz@bdch.org. For Hospice volunteer opportunities contact Cassie Rockefeller at 920-887-4185, or email at crockefeller@bdch.org.

Volunteering can lead to a Better Life

Volunteerism is one of the most selfless actions that we can take to assist others in need and build the community in which we live. Although volunteerism focuses around helping others the action also provides benefits to the participant. Volunteerism has been shown to improve confidence, reduce depression, provide new skills, and increase socialization for those who commit their time. Volunteerism is truly an action that pays in dividends and provides benefits to all involved. Did you know that 76% of people who volunteered in the last 12 months say that volunteering has made them feel healthier? The same study showed that 96% of people who volunteer say that volunteering has enriched their sense of purpose. How is that for self-improvement!

January Birthdays

Jan Zitzner, Partners Gift Shop	2
Faith Smith, Partners Gift Shop	5
Mary Luckas, Catholic Mass HSM	6
Mary Morgan, Hillside Manor Activities	8
Doris Arndorfer, Catholic Mass & Eagle’s Wings	9
Carol Kocher, Hillside Manor Activities	12
Dave Nelson, Catholic Mass HSM	14
Diana Donovan, Hillside Manor Activities	15
Gail Hope Henschel, Partners Gift Shop	18
Janice Nattila, Catholic Mass HSM	20
Ella Roux, Eagle’s Wings	21
Helen Keil, Partners Cookie Sale	22
Bruce Weber, Lobby Reception	23
JoAnn Helfert, 2nd Floor and Partners Gift Shop	23
Jane Belongie, Remembrance Home and Eagle’s Wings	24
Pat Pawl, 2nd Floor Reception	27

February Birthdays

Danielle Miller, Hillside Manor Activities	3
Pastor Peter Ostrander, Remembrance Home	5
Joan Crescio, Human Resources	5
Thomas Helfert, Partners Cookie Sale	6
Lisa Buhalog, Eagles Wings	7
Carla Hagen, Human Resources and Foot Clinic	9
Jane Bortz, HSM Information Desk	12
Ann Peck, Education and Hospice	12
Sue Hilbert, Partners Gift Shop	17
Erv Karl, Lobby Reception and Stone Terrace	20
Margaret Quella, Catholic Mass & Eagles Wings	22
Lois Sell, Partners Gift Shop	22
Abb Kiesow, Hillside Manor Activities	24
Cathy Coughlin, Kids Care	26
Barb Buss, 2nd Floor Information Desk	29

March Birthdays

Kim Grebel, Rehab	2
Tom Amberson, Hillside Manor Activities	2
Dorothy Weber, Partners Gift Shop	2
Robin Kanehl, Hillside Manor Activities	4
Mary Ann Neuman, Partner Cookie Sale	6
Linda Ludtke, Partners Gift Shop	8
Rita Sheskey, Catholic Mass/Communion	13
Jerry Zehren, Partners Cookie Sale	14
Lexie Breselow, Hillside Manor Activities	21
Warren Retzlaff, Hillside Manor Activities	23
Jan Sheppard, Partners of BDCH Gift Shop	29
Ruth Meylink, 2nd Floor Reception	31

ADVOCACY DAY 2020

Wednesday, March 18 at Monona Terrace
in Madison



Wisconsin Hospital Association’s Advocacy Day is an annual legislative event designed to motivate and educate health care employees, volunteers and trustees on health-related issues and grassroots advocacy opportunities. The program starts at 8:00 am with registration and breakfast, with lunch at 12:30 pm. The program adjourns at 1:45 pm with Legislative visits from 2:15 pm -3:30 pm at the Capitol.



If interested in attending this year’s event contact Volunteer Services to learn more at 920-887-5988 or email dmoritz@bdch.org

Winter Weather Reminder

The fog, ice, snow and wind will be in our area so please remember to check the weather! As a reminder:

- ❄ *When weather makes driving or walking hazardous and if coming in to volunteer is dangerous for you, please call and let us know you won’t be in.*
- ❄ *If you are already here volunteering and the weather takes a turn for the worse, you can leave early.*
- ❄ *We want you to be safe and feel safe at all times.*

Documenting your Volunteer Hours

As a MMC-BD Volunteer your time is valuable! When you volunteer record your time. This can be done two ways. In the past there has been a volunteer binder in your department that you can write your time in. **Today however we have a very easy process called VIC Net which is a system that allows you to log in with your login and password to record your time.** Many volunteers have already started using this.

If you are interested in recording your hours this way please contact Volunteer Services at dmoritz@bdch.org or call 920-887-5988.



MMC-BD
 Volunteer Services Department
 707 S. University Ave.
 Beaver Dam, WI 53916

Marshfield
 Medical Center
 Beaver Dam

Upcoming Partner Sales

Collective Goods FLASH SALE



There's a new bag in town.

Marshfield Medical Center-Beaver Dam

Wednesday, March 17 11:00am – 4:00pm
 Thursday, March 18 8:00am – 3:00pm
MMC-BD Conference Center

Partners of MMC-BD



Payroll Deduct available at select locations



Cookie Sales

Thursday, May 21

Please note that due to many volunteers being out of the area this winter the next Partners Cookie Sale will be Thursday, May 21 and will continue to be the third Thursday of each month.



The MMC-BD Volunteer Dept. strives to enhance the exceptional patient/customer experience by utilizing volunteers' unique skills, interests and qualities.

The Nutman

Will be here for 3 days in the MMC-BD Café
January 29-31
 and
March 31-April 2
 9:30 am-2:30 pm

150 Fine Quality Nuts, Chocolates, Snack Mixes and Candies!



SCRUB SALE

Wednesday, March 11

7:00 AM - 4:00 PM

MMC-BD Conference Center



**Sponsored by:
 Partners of MMC-BD**

Payroll Deduction
 Available for MMC-BD Employees